



RESUME

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Born: Guadalajara, México on March 18th, 1961

CURRENT POSITION

- June 2006 – Present **Shoulder and Elbow Surgery committee manager of the Joint Mexican Association of Arthroscopy and Reconstructive Surgery.** www.amecra.org.mx
- Aug 2006 – Present **Orthopedist surgeon, Medicine of the Sport office at the Pan American University.** www.up.mx
- June 2005 – Present **Orthopedist surgeon, Medicine of the Sport clinic of the Medical Center Puerta de Hierro (CMPH in Spanish).** CMPH is a private enterprise that offers medical attention in all specialties in a 120-bed Hospital located at Zapopan, Jalisco (Zapopan is a suburb of Guadalajara, Mexico). It possesses a CT scan center, Nuclear-testing center, Intensive Therapy, Emergency area, 20 operating theaters with more than 200 doctors with different specialties. It has agreements with the next insurance companies: Blue Cross, Denmark International Health, Bupa International, Lloyd's from London, Morgan White and Amsirst Insurance. www.cmph.com
- June 2004 – Present **High Specialty Orthopedic Founder Partner of the Puerta de Hierro Medical Center (Ortomedica).** Ortomedica is a professional and private medical enterprise, which groups professionals of different subspecialties in the orthopedic area located in Zapopan, Jalisco offering medical services in surgery with minimal invasion, joint prosthesis, arthroscopic surgery and medicine of the sport. www.ortomedica.com
- Jan 2004 – Present **“Medical Instructor, a Surgical Workshop” course (course studies and surgical skills, cadaveric training).** Mexican Association of Joints' Reconstructive Surgery and Arthroscopy.
- March 2003 – Present **Training course chairman (Academic Manager) of the Shoulder Joint Reconstructive Surgery.** This course is made thanks to the cooperation agreement between the Guadalajara Autonomous University www.uag.com and the Mexican Social Security Institute in the Medical School and the 46th Medical Center.

- Nov 1999 – Present **Chief of the Shoulder’s Clinic, 46th Medical Center at the Mexican Social Security Institute in Guadalajara, Jalisco.** www.imss.org.mx
- EDUCATION & TRAINING**
- Nov 2004 – Nov 2004 **Classroom, operating room and surgical skills, cadaveric training on Advanced Surgical Treatment of Shoulder Disorders.** The Kerlan Jobe Orthopedic Clinic in Los Angeles, California. Medical Course Instructor: Ronald A. Navarro M.D.
- March 1999 – March 1999 **Surgical Workshop (operating room, surgical skills cadaveric training) and Course of Advanced Techniques Studies in Arthroscopy and Open Shoulder.** The Massachusetts General Hospital. Medical Course Instructor: John Richmond M.D.
- Jan 1998 – Jan 1998 **Surgical Workshop (operating room, surgical skills cadaveric training) and Course of Advanced Techniques Studies in Arthroscopy and Open Shoulder.** Medical School in the University of Miami, Miami, FL. Medical Course Instructor: Zuckerman M.D.
- March 1995 – March 1997 **Medical Science orientated to Medicine of the Sport Mastery.** At the Guadalajara University with the Grade Thesis: “Proprioceptive Neuromuscular Facilitation Efficiency on the Shoulder’s Pinh Syndrome”. www.udg.mx
- Jan 1995 – Dec 1995 **English Course.** The Berlitz Language Center in Guadalajara, Mexico.
- Feb 1995 – Feb 1995 **Attendance** to the 62nd Annual Meeting of the American Academy of Orthopedic Surgeons in Orlando, FL.
- April 1992 – June 1992 **Arthroscopic Fellowship.** Traumatology, Orthopedic Surgery and Rehabilitation Monographic Hospital in Madrid, Spain.
- Feb 1986 – March 1989 **Orthopedic Surgery Residency.** Western Medical Center of the Mexican Social Security Institute in Guadalajara, Mexico.
- June 1983 – June 1984 **Surgical Intern.** Social Security’s housing of Costa Rica. San José de Costa Rica in Central America.
- June 1979 – June 1983 **Medical School** at the Guadalajara Autonomous University. Guadalajara, Jalisco, Mexico. Medical Degree.

LICENSURE & ACCREDITATIONS

- Oct 2005 Arthroscopic International Society, Knee Surgery and Orthopedic Medicine of the Sport. www.isakos.com
- Nov 2003 Re-certification of the Mexican Orthopedic & Traumatology Counsel. www.cmot.mx
- Feb 1998 Mexican Health secretariat.
- March 1990 Mexican Orthopedic & Traumatology Counsel.

PROFESSIONAL ORGANIZATIONS

- Nov 2003 – Present Mexican Orthopedic Society. www.smo.org.mx
- Jun 2003 – Present LatinAmerican Arthroscopic, Knee and Sports Society. www.slard.com
- June 2001 – Present Reconstructive Joint Surgery and Mexican Arthroscopic Association. www.amecra.org.mx
- April 1996 – Present Mexican Experimental Surgical Association.
- May 1994 – Present Orthopedic and Traumatology in Sports' Committee

UNIVERSITY APPOINTMENTS

- Jan 2002 Post-grade thesis tutor to obtain the degree in the specialty of Traumatology and Orthopaedia: "Arthroscopic findings of the capsuled ligamentary complex in the shoulder's glenohumeral traumatic dislocation".
- Jan 1998 Post-grade thesis tutor to obtain the degree in the specialty of Traumatology and Orthopaedia: "Histomorphologic Study of the shoulder's supratherony tendon".
- Jan 1996 Post-grade thesis tutor to obtain the degree in the specialty of Traumatology and Orthopaedia: Proprioceptive Neuromuscular Facilitation Efficiency in the muscular imbalance of patients with the Shoulder's Pinch Syndrome.

Jan 1995 Post-grade thesis tutor to obtain the degree in the specialty of Traumatology and Orthopaedia: 2% Xylocaine Infiltration Efficiency and Methylprednisolone Acetate in the Subacromial space in patients with the Shoulder's Pinch Syndrome.

HONORS & AWARDS

July 2004 **Award** to my path inside the Orthopedic and Traumatologic Specialty by the Orthopedic and Traumatologic Michoacan's Society.

Dec 2002 **Award** as Distinguish Professor of the Continuing Education in the Guadalajara Autonomous University.

Feb 2001 **Test teacher** for the Orthopedic Surgeons Certificate in the Orthopedic and Traumatologic Mexican Board.

Jan 2000 **Test teacher** for the Orthopedic Surgeons Certificate in the Orthopedic and Traumatologic Mexican Board.

Feb 1999 **Test teacher** for the Orthopedic Surgeons Certificate in the Orthopedic and Traumatologic Mexican Board.

Feb 1998 **Test teacher** for the Orthopedic Surgeons Certificate in the Orthopedic and Traumatologic Mexican Board.

May 1996 **Poster Presentation finalist award.** Mexican Orthopedic Society, Fiftieth anniversary Congress, Mexico City.

Sept 1996 **Poster Presentation finalist award.** First International Congress of Medicine of the Sport, Guadalajara, Mexico.

Oct 1996 **Institutional Merit Honor.** Mexican Social Security Institute.

Feb 1996 **Award** for performance as MD in the XIII Guadalajara's International Marathon. Sports Promotion and Youth Support County Board.

Oct 1994 **Institutional Merit Honor.** Mexican Social Security Institute.

May 1994 **Award** to my teaching performance. Medical Education District Office Coordination of the Mexican Social Security Institute.

Aug 1983 **Graduated in 10% Class Rank.** Medical School of the Guadalajara Autonomous University.

PUBLICATIONS

BOOK: “Service Training Course: Shoulder’s Reconstruction”. 2001. National Institute’s Author Rights Register no. Author’s Right Public Register. 03.2001-100816413900-01

PRESENTATIONS AND INVITED LECTURES

- May 2006 “Ultrasound in the doctor’s clinic by the orthopedist to evaluate and decide how to handle the shoulder’s handle rotator rupture”. AMECRA Eleventh Congress. Puerto Vallarta, Mexico.
- May 2006 “Shoulder’s Microuninstability: Theory or Reality”. AMECRA Eleventh Congress. Puerto Vallarta, Mexico.
- Nov 2005 “Shoulder’s Glenohumeral Unstability Image”. XVIII National Congress of the Mexican Orthopedic and Traumatologic Association. Mazatlan, Mexico.
- Aug 2005 “Metilen Blue Test Usefulness in the shoulder’s handle rotator rupture”. VIII Shoulder and Elbow Pathology International Course. Merida, Mexico.
- June 2005 “46th Medical Center at the Mexican Social Security Institute Experience in the shoulder’s abrum injuries”. 10th AMECRA International Congress. Cancun, México.
- Oct 2004 “46th Medical Center at the Mexican Social Security Institute Experience in the shoulder’s handle rotator total thickness rupture”. II National Surgical Journey of Athroscopic Surgery and Articular Replacement. Morelia, Mexico.
- June 2004 “Shoulder’s Glenohumeral Unstability treated with *fastak* type anchors. Followed for 5 years”. IX AMECRA International Congress. Acapulco, Mexico.
- April 2004 “Shoulder’s Prosthesis Post-surgery Unstability” Presented in the monthly meeting of the Mexican Orthopedic Society. Mexico City.
- Jan 2004 “Shoulder’s Chronic Pain” Presented in the monthly meeting of the Palliative Care Unit and Pain Clinic of Guadalajara Civil Hospital.
- June 2003 “Prevalence of injuries of the shoulder’s handle rotator in asymptomatic adult people, echosonographic diagnose”. VIII AMECRA International Congress. Puerto Vallarta, Mexico.

- June 2002 “Bankart Injury, Non-traumatic glenohumeral dislocation of the shoulder incidence”. VII AMECRA International Congress. Ixtapa Zihuatanejo, Mexico.
- May 2002 “Reconstruction of the suspender mechanism of the shoulder’s scapula with semitendinose tendon”. XXVI National Orthopedic Congress in the 47th Annual Meeting of the Mexican Orthopedic Society. Mexico City.
- June 2002 “Physiopathologic Bases of the Shoulder’s Glenohumeral Unstability”. International Arthroscopic Sugery and Shoulder’s Articular replacement Course. Guadalajara, Mexico.
- May 2002 “Orthopedic long-distance Education”: Guadalajara Autonomous University. XXVI National Orthopedic Congress in the 47th Annual Meeting of the Mexican Orthopedic Society. Mexico City.
- May 2002 “Anatomic Consideration of the Humerus’ Extreme Proximity in Unstable Shoulder”. XXVI National Orthopedic Congress in the 47th Annual Meeting of the Mexican Orthopedic Society. Mexico City.
- Nov 2001 “Shoulder’s Glenohumeral Unstability: Problem not solved”. First Orthopedic Surgery Progress Course. ABC Hospital. Mexico City.
- March 2000 “Osteoporosis in the humerus proximal third fractures”. Orthopedic and Elder Course. Aguascalientes’ Orthopedic and Traumatologic Society, A.C. Aguascalientes, Mexico.
- May 2000 “Impaction Test Usefulness in the Shoulder’s Pinch Syndrome”. XXV National Orthopedic Congress. Mexico City.
- Jan 1999 “Provocation tests usefulness in the exploration of the shoulder’s suprathorny tendon ruptures”. First Painful Shoulder Course; diagnosis and treatment. Orthopedic and Traumatologic Society, A.C. Aguascalientes, Mexico.
- Jan 1999 “Labrum Prosthesis in the shouder’s glenohumeral unstability. A prototype”. Shoulder Surgery Course. ABC Hospital. Mexico City.
- Nov 1998 “Shoulder’s Glenohumeral Stablization Traditional Techniques”. National Orthopedic and Traumatologic meeting. Orthopedic and Traumatologic Society, A.C. Mazatlan, Mexico.

RESEARCH INTERESTS

- + To develop tissue grafts for shoulder's supratherony tendon ruptures of massive total thickness, impossible to stitch with arthroscopic technique.
- + To develop a shoulder's prosthesis for patients with shoulder extreme proximal fracture.

